## Grounds for Hope and Disappointment: Victims'/Survivors' Perceptions of South Australia Police Responses to Rape

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Thesis submitted for the award of Master of Laws

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March 2007

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#### **Summary**

Internationally, there have been few studies examining the attitudes of people who have been raped towards police (Jordan, 2001a; Lievore, 2005; Temkin, 1997, 1999). Little research in Australia (particularly South Australia) has examined the experiences of victims/survivors of rape with police. Existing data do show that women who have been raped rarely report assaults to police. This has been attributed by researchers to a range of reasons, both personal and systemic, including the influence of stereotypes and myths about rape on victims'/survivors' decision-making. Rape myths often reflect community attitudes, social norms and police responses. For example, victims/survivors may blame themselves and also expect police will blame or disbelieve them. Such expectations (or subsequent experiences) of negative police responses undermine victims'/survivors' faith in police. However, this is not the whole story. In reality, police responses to rape are complex and inconsistent, influenced by both individual and organisational factors.

I initiated this study to explore victims'/survivors' expectations of, and experiences with, police in a transparent and accessible forum. Based on semistructured, in-depth interviews with 11 women who had been raped in South Australia, my findings illustrated the diversity of South Australia Police responses to victims/survivors of rape and suggested that South Australia Police practices were similar to those of other Australian and English-speaking jurisdictions. Overall, interactions with South Australia Police 'simultaneously provide grounds for hope and are disappointing (Lievore, 2005: 59; emphasis added). In many cases police responses were disappointing, through service provision that was partly or wholly negative. Specific individual and organisational factors were associated with satisfactory or unsatisfactory police practices. Poor service provision was evident in individual police officers' apathy and dismissive or disbelieving responses, and through low prioritisation and limited resourcing of sexual violence at an organisation level. However, my findings indicated that there was also much to be hopeful about when considering South Australia Police responses to rape. The participants in my study often reported exemplary service from individual officers. At the reporting and investigation stages, good practices were based on 'procedural justice' rather than 'outcome justice': characterised by strong communication, empathy and professionalism at an individual level and consistency at an organisational level.

My findings and their implications can help police and justice agencies develop more effective ways to respond to rape and sexual violence. My research indicated that South Australia Police must seek feedback from victims/survivors to identify the individual and collective factors that currently lead to inconsistent and unpredictable police practices. Without such consultation and resultant implementation strategies, South Australia Police cannot claim it implements 'world's best practice' (South Australia Police, 2004e: 18). For, inconsistent and unpredictable police responses to rape undermine the good and hopeful work done by many police officers and lead to secondary victimisation and high rates of attrition. Even with the dedicated Sexual Crime Investigation Branch established in 2004, by continuing to use both specialists and generalist police officers, South Australia Police responses to rape are likely to remain inconsistent.

## Declaration

I certify that this thesis does not incorporate without acknowledgement any material previously submitted for a degree or diploma in any university; and that to the best of my knowledge and belief it does not contain any material previously published or written by another person except where due reference is made in the text.

Katherine Jane McLachlan.

### Acknowledgements

First I would like to thank the 11 women who talked with me so frankly. I was overwhelmed and impressed by their bravery and strength of character and hope that this thesis does justice to the many reasons underlying their decisions to participate and the recommendations and suggestions they made to improve police practices.

The aim of this thesis is in part to bring under scrutiny South Australia Police's inconsistent responses to rape victims/survivors. Within an organisation that provides inconsistent responses, some SAPOL officers offer exemplary service to women who have been raped. This thesis is dedicated to those SAPOL officers who work tirelessly to support victims/survivors of rape and sexual assault, many of whom I am proud to consider my friends.

In addition, I would like to thank the workers of Yarrow Place Rape and Sexual Assault service for their support, helping with the recruitment of participants and assisting me in designing research materials. Many of the participants also commented on the support and assistance received from the social workers and counsellors at Yarrow Place and the Victim Support Service Inc. To these amazing people, I again voice the appreciation and thanks of many. On a more personal note, I would like to thank the following people:

- Mark and Mary Hallelujah! What can I say? I'm not worthy! I feel so lucky to have had your guidance and support throughout this project. You are two of the finest people I have the honour of knowing. Your humour, wealth of knowledge, and complementary approaches to study and the life that beckons beyond meant that you went beyond your duties as co-conspirators. Thank you both.
- Andrew, for your love and support throughout, and for keeping the ice coffee stocked, not ripping out the flowers, feigning interest and forcing me to 'just get on with it'.
- Tiffany, for taking time out of your hectic schedule to plough through the final draft of the document and provide valuable feedback and support.
- Linda, for teaching me the value of feminism, philosophy, a good book, strong coffee, fine food, toy boys and sugar daddies.
- ♦ Cathy, for your support and enthusiasm.
- ♦ Bob, for always asking when I would be free of this study malarkey.
- ♦ Dr Davis, for reminding me that I wasn't the one who was crazy...
- ♦ Laura at the Study Skills Centre for showing me the light.
- the lovely Maria and Margaret at the South Australia Police Library your responses to my odd requests were always timely and helpful.
- the brilliant staff (especially Janet, Karen, Janine and Ben) of the J V Barry Library at the Australian Institute of Criminology for extending or ignoring my overdue loans, hunting down and scanning obscure works, flagging new publications and acquisitions and doing it all with good humour and a genuine passion for your work.

Thank you.

Dedicated to

Robert McLachlan Manson (18 January 1923 – 24 May 2007)

A gentleman and a scholar.

# Acronyms

ABS	Australian Bureau of Statistics
ACPR	Australasian Centre for Policing Research
ACT	Australian Capital Territory
ACT Policing	Australian Capital Territory Policing (AFP)
AFP	Australian Federal Police
AGD	Attorney-General's Department
AIC	Australian Institute of Criminology
BOCSAR	Bureau of Crime Statistics and Research (NSW)
CALD	Culturally and Linguistically Diverse
CASA	Centre Against Sexual Assault (Victoria)
CIB	Criminal Investigation Branch
ICVS	International Crime Victimisation Survey
IVAWS	International Violence Against Women Survey
LSA	Local Service Area (SAPOL)
NASASV	National Association of Services Against Sexual Violence
NDV	No Domestic Violence Project (SAPOL)
NSCSP	National Survey of Community Satisfaction with Policing
NSW	New South Wales
NT	Northern Territory

POR	Performance Outcome Review (SAPOL)
PTSD	Posttraumatic Stress Disorder
QPS	Queensland Police Service
RSCC	Research and Survey Coordination Committee (SAPOL)
RTS	Rape Trauma Syndrome
SA	South Australia
SAPOL	South Australia Police
SCIB	Sexual Crime Investigation Branch (SAPOL)
SAU	Sexual Assault Unit (SAPOL); previously also known as
the	Sexual Assault Service (SAS) and the Rape Enquiry Unit
TASPOL	Tasmania Police
VCCAV	Victorian Community Council Against Violence
VICPOL	Victoria Police
VLRC	Victorian Law Reform Commission
VMS	Victim Management Section (SAPOL)
WA	Western Australia
WAPOL	Western Australia Police
WSS	Women's Safety Survey, 1996