

**Computational assessment of the structure
and function of cystic fibrosis lung disease
pathogenesis**

By

Maged Awadalla

Thesis submitted for the degree of

Doctor of Philosophy

In

Biomedical and Biomechanical Engineering

Flinders University, Adelaide, Australia

2015

Research Supervisor: Professor Geoffrey McLennan (Deceased) M.D., Ph.D.

University of Iowa, Iowa City, USA

Research Supervisor: Associate Professor David Stoltz M.D., Ph.D.

University of Iowa, Iowa City, USA

Engineering research Supervisor: Professor Ching-Long Lin, Ph.D.

University of Iowa, Iowa City, USA

Principal academic Supervisor: Professor Karen Reynolds, Ph.D.

Flinders University, Adelaide, Australia

Abstract

The pathogenesis of cystic fibrosis (CF) airway disease is not well understood. CF is an autosomal recessive genetic disease. Approximately, 1 in 25 people carry one of over 1,500 disease causing mutations in the gene that encodes the cystic fibrosis transmembrane conductance regulator (Strom et al., 2004) The World Health Organization estimates that 1 in 3,000 European newborns, in Australia 1 in 2,800, and in the United States 1 in 3,500 are born with CF disease (Stoltz et al., 2010). The CF phenotype that causes most of the morbidity and mortality is respiratory disease (Zielenski, 2000).

The aim of this thesis is to investigate CF lung disease pathogenesis from birth to adulthood by analysing the local and global lung structure and function at three time points (birth, 3 weeks of age, and adulthood) in two species (pigs and humans). There is increasing evidence that human CF lung disease, including airflow obstruction, is present earlier than originally thought, even within months after birth (Hoo et al., 2012; Mott et al., 2013; Sly et al., 2009). However, technical and ethical constraints limit our ability to investigate the human lung at even earlier time points.

A porcine CF model was recently generated, in which animals develop lung disease similar to humans with CF. Unexpectedly, before infection and inflammation, newborn CF pigs have airways that are irregularly shaped and have a reduced calibre compared to non-CF pigs. I investigated the effect of the airway abnormalities seen in newborn CF pigs and I examined its effect on the lung function at two time points, birth and three weeks after birth. I used computational fluid dynamics (CFD) and airway geometries obtained by computed x-ray tomography to investigate the effect of early airway structure abnormalities on airflow. I found that newborn CF airways exhibited higher air velocity and resistance compared to non-CF. I also examined particle distribution and deposition. I found that at birth there was

increased particle ventilation fraction to the right lung and higher deposition in the right lower lobe (Awadalla et al., 2014). Three weeks after birth, I found that particle ventilation fraction to the lower lobes decreased while particle ventilation fraction to the right upper lobes increases. This suggests that upper lung lobes disease predominance might be secondary to the effect of congenital airway narrowing in CF. This thesis subsequently investigates progression of CF lung disease pathogenesis in adulthood. I examined the global and local lung structure and function in adult humans with CF. I found that people with CF had lower global pulmonary function compared to healthy subjects. I also found that people with CF had elevated air trapping compared to healthy subjects. I also examined particle distribution and deposition. I found that particle ventilation and deposition to the right upper lobe was also elevated in adults with CF. This was, in part, due to airway structural abnormalities in CF. These findings might have important implications for better understanding the pathogenesis of CF airway disease and the development of inhaled therapeutics in CF.

References

- Awadalla, M., Miyawaki, S., Abou Alaiwa, M. H., Adam, R. J., Bouzek, D. C., Michalski, A. S., . . . Stoltz, D. A. (2014). Early airway structural changes in cystic fibrosis pigs as a determinant of particle distribution and deposition. *Ann Biomed Eng*, 42(4), 915-927. doi:10.1007/s10439-013-0955-7
- Hoo, A. F., Thia, L. P., Nguyen, T. T., Bush, A., Chudleigh, J., Lum, S., . . . London Cystic Fibrosis, C. (2012). Lung function is abnormal in 3-month-old infants with cystic fibrosis diagnosed by newborn screening. *Thorax*, 67(10), 874-881. doi:10.1136/thoraxjnl-2012-201747
- Mott, L. S., Park, J., Gangell, C. L., de Klerk, N. H., Sly, P. D., Murray, C. P., . . . Australian Respiratory Early Surveillance Team for Cystic Fibrosis Study, G. (2013). Distribution of early structural lung changes due to cystic fibrosis detected with chest computed tomography. *J Pediatr*, 163(1), 243-248 e241-243. doi:10.1016/j.jpeds.2012.12.042
- Sly, P. D., Brennan, S., Gangell, C., de Klerk, N., Murray, C., Mott, L., . . . Australian Respiratory Early Surveillance Team for Cystic, F. (2009). Lung disease at diagnosis in infants with cystic fibrosis detected by newborn screening. *Am J Respir Crit Care Med*, 180(2), 146-152. doi:10.1164/rccm.200901-0069OC
- Stoltz, D. A., Meyerholz, D. K., Pezzulo, A. A., Ramachandran, S., Rogan, M. P., Davis, G. J., . . . Welsh, M. J. (2010). Cystic fibrosis pigs develop lung disease and exhibit defective bacterial eradication at birth. *Sci Transl Med*, 2(29), 29ra31. doi:10.1126/scitranslmed.3000928
- Strom, C. M., Crossley, B., Redman, J. B., Buller, A., Quan, F., Peng, M., . . . Sun, W. (2004). Cystic fibrosis screening: lessons learned from the first 320,000

patients. *Genet Med*, 6(3), 136-140.

doi:10.109701.GIM.0000127275.52925.05

Zielenski, J. (2000). Genotype and phenotype in cystic fibrosis. *Respiration*, 67(2), 117-133. doi:29497